LFS CONSULTING LLC

LEADERSHIP / COMMUNICATION / ORGANIZATIONAL EFFECTIVENESS

Where courageous conversations create stronger leaders.

"Everything begins and ends with communication." — Paula R Jenkins

CAPABILITY STATEMENT

paula@lfsconsult.com
224-372-0778
lfsconsult.com

WHO WE ARE

LFS Consulting LLC helps organizations strengthen leadership effectiveness by addressing the conversations, behaviors, and relationships that shape workplace culture. Through engaging keynotes, executive retreats, leadership development, and assessment-informed experiences, Founder and CEO Paula R Jenkins equips leaders to communicate with confidence, navigate difficult conversations, and build stronger, more connected teams.

CORE CAPABILITIES

- **KEYNOTES & SPEAKING**
  Leadership, authenticity, communication
- **EXECUTIVE RETREATS**
  Team alignment, trust, collaboration
- **LEADERSHIP DEVELOPMENT**
  Workshops, multi-session series, coaching
- **ASSESSMENTS & DEBRIEFS**
  DISC, EIQ (emotional intelligence), communication styles
- **ORGANIZATIONAL CONSULTING**
  Culture, change, team effectiveness

WHY ORGANIZATIONS CHOOSE LFS

20+ years
Corporate leadership experience

Customized
Founder-led, practical facilitation

Assessment-informed
DISC and EIQ insights for team growth

Action-oriented
Tools that carry beyond the event

COMPANY DATA

LEGAL NAME
LFS Consulting LLC

CERTIFICATIONS
WBENC Women's Business Enterprise · MBE · Vizient Awarded Supplier

CONTACT
Paula R Jenkins, Founder & CEO

PRIMARY NAICS
611430 — Professional and Management Development Training

OTHER NAICS
541612 · 541611 · 541618

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UEI MNL9WQXDU1X5
CAGE 8GEU3

SELECTED CLIENT EXPERIENCE

Presbyterian Living · Executive leadership team retreat
Center for Better Aging · Leadership retreat
DeKalb County Nonprofit Day · Keynote + breakout
Maine Township Agency Day · Keynote
Discover · DISC & EIQ team sessions, two teams
Lake County Government · Inclusive leadership training
The Bronzeville Group · Leadership consulting
Jack and Jill of America, Inc. · South Suburban Chicago & North Shore chapters

> *"Great session! Paula gathered feedback from our group and catered her session to our needs as a team."*
> — VP of Human Resources, Presbyterian Living

> *"Providing leaders with the space to reflect, communicate candidly, and receive support and tools to move forward together."*
> — Executive Director, Center for Better Aging

> *"This session teaches you about different communication styles and how to connect and communicate across these styles to lead more effectively."*
> — Executive Director, Niles-Maine District Library



MEET PAULA R JENKINS

Founder & CEO | Lead By Example™ Speaker | Author

MBA, Leadership & Change Management — DePaul University · Faculty, Oakton College
Author of *Show Up Like You Mean It: Living, Leading, and Speaking Your Truth*.
Keynotes, leadership workshops, executive retreats, and facilitated leadership conversations—delivered nationwide, in person or virtually.

LET'S BUILD STRONGER LEADERS.

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