



*Happy Tuesday,*

*Over the past few weeks, I've had the opportunity to connect with new clients, have conversations around executive coaching, and explore upcoming speaking opportunities.*

*And as I reflected on how those opportunities came about, one thing stood out:*

***They all came through someone else.***

*A conversation.*

*A recommendation.*

*A referral.*

*Someone saying, "You should talk to Paula."*

*That's not marketing.*

*That's trust.*

*And trust is built through how we show up — consistently, over time.*

### **Quick Reflection**

*Leadership is often measured by what we accomplish.*

*But just as important is this question:*

***Who are you helping to move forward?***

*Because strong leaders don't just create opportunities for themselves.*

*They create opportunities for others.*

*They:*

- *speak someone's name in a room they're not in*
- *make introductions*
- *share resources*
- *celebrate others' wins*
- *open doors*

*And sometimes, those small actions create a big impact.*

## **Visual Reminder**



***Leadership grows when we lift others.***

## **Leadership Insight: Leadership Multiplies Through Others**

*Your reputation is not just built on what you do.*

*It's built on:*

- *how you treat people*
- *how you support people*
- *and how you show up when there's nothing to gain*

*When you consistently connect, support, and elevate others, people remember.*

*And when opportunities arise, they don't just think of themselves — they think of you.*

*That's leadership.*

### **Action Step for the Week**

*This week, be intentional about lifting someone else.*

- *Make one meaningful introduction*
- *Recommend someone for an opportunity*
- *Send a note of encouragement*
- *Publicly celebrate someone's work*

*And if this newsletter, my workshops, or coaching have added value for you:*

**Share it. Forward it. Make the introduction.**

*We don't have to do this alone — and we shouldn't.*

### **Community Spotlight**

*I continue to appreciate the responses you send each week — and even the simple ones like “nicely done” don't go unnoticed.*

*Over the past few weeks, many of you have shared how these messages are helping you pause, reflect, and be more intentional in how you show up — in your work and in your life.*

*That's what this space is about.*

*Leadership is not a solo journey.*

*We grow through connection.*

*We grow through shared insight.*

*And we grow by supporting one another.*

*Thank you for being part of this community — and for continuing to show up.*

*And honestly, many of you are doing just that, by sharing this newsletter and supporting this work. I see it, and I appreciate it.*

### **Final Thought**

*Leadership is not about climbing alone.*

*It's about reaching back, reaching across, and lifting others as you move forward.*

*So I'll leave you with this:*

### **Who are you elevating this week?**

With appreciation,

Paula R Jenkins

paula@lfsconsult.com

Founder, The Live By Example Speaker

*"Everything Begins and Ends with Communication."*

### **Newsletter Archives:**

Have you missed a newsletter? You can find all past editions here:

👉 [View the Newsletter Archives](#)



[Unsubscribe](#) [Manage preferences](#)