

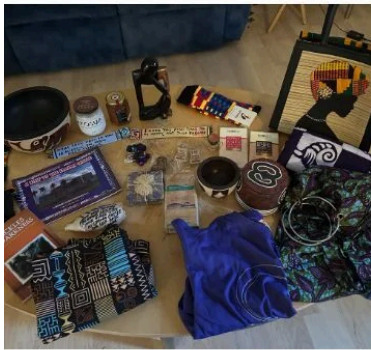


Happy Tuesday! Welcome back to Leadership Unscripted.

Resilience, culture and our reaction to mistakes.

I am fresh from traveling to Ghana and it was a wonderful experience with so many lessons that I of course can tie to leadership.

Reflections from Ghana



Joy, peace, and happiness - that's what these pictures represented for me during my Ghana trip!

In the coming weeks I will break it down to how we show up personally and professionally whether traveling or leading - or both.

I am a bit jet lagged and had major technical issues with my phone during the plane ride back (it was frozen for 14 hours!!!) so I will keep this brief!

This week I want to focus on these three things:

1. **Resilience** - as I stood in castles where slaves were held and history was shared I could not stop thinking about the resilience of people and the importance of having it especially during hard, traumatic and tumultuous times.
2. **Culture** - I saw the culture of Ghana on full display every day. It was inspiring and beautiful. It reminded me of the importance of not only knowing your own culture but ensuring the environment you are in is a culture that inspires you!
3. **Reaction to mistakes** - this happened on my way back from Ghana. My connecting flight reservation was canceled. Hmm. Clearly a mistake by someone at the airport - but what's most important is my reaction to this mistake. I was calm (though upset), but knew my reaction was key to get me home. How do you react when mistakes happen?

As I said I will reflect more on all of this and more in the future. But for this week - I want you to simply think about these three areas and be intentional about how you show up in each area.

Until next week - be kind and share a smile with someone - you never know how it can impact them!

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With appreciation,

Paula R Jenkins

Founder, The Live By Example Speaker

"Everything Begins and Ends with Communication."



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